

MOST SACRED HEART PARISH
Parish School of Religion

SAFE TOUCH PROGRAM
Parental Summary

The Archdiocese's Safe Touch Program is designed to help children identify situations or events that do not feel safe to them. Many times children (and even adults) fail to recognize the dangers of being in situations with someone who is not being appropriate, because they fail to listen to their own sense of what is wrong. This is why this program is strongly focused on helping children to recognize events and feelings that alert them to situations that may not be right.

Safe Touch is taught during the first semester of the school year, once to each grade level of PSR. The lesson is 45-60 minutes long and is taught during the PSR session.

Program Goals:

- To provide information at age-appropriate levels to make sure children are aware of the concepts of safe touch vs. inappropriate touch.
- To stress the concept that our bodies belong to God and that we must treat them with respect and protect them from harm.
- To provide information in regard to:
 - Having and recognizing good boundaries
 - Good touch vs. bad touch and recognizing the uncomfortable feelings we get with bad touches.
- How to say "NO" and be able to get away from bad situations.
- How to report concerns to a safe adult.
- To focus on safety, rather than on sexuality.